

## New Directions – Allowable Services & Supports

| Service Specification/Definition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Services and Supports That May be Covered <u>if</u> Habilitative                                                                                                                                                                                                                                                                                                                                    |
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| <p><b><u>Assistive Technology and Adaptive Equipment</u></b> means the technology necessary to enable an individual to live successfully in the community. Assistive technology is any item, piece of equipment, or produce system, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve functional capabilities of individuals with disabilities. Such services may include, but are not limited to, the following:</p> <ul style="list-style-type: none"> <li>➤ Communication devices</li> <li>➤ Visual or auditory support technologies</li> <li>➤ Equipment needed to adapt the participant's or family's vehicle</li> <li>➤ Any piece of disability-related technology or equipment that enables an individual greater ability to live independently</li> </ul> <p>These services shall be reimbursed only if approved in the plan of care based on an appropriate assessment and professional recommendations and when not otherwise available under the individual's private health insurance (if applicable), the Medicaid State Plan (including EPSDT expanded services) or through other resources, including services available to an individual under a program funded through section 110 of the Rehabilitation Act of 1973 or section 602(16) and (17) of the Individuals with Disabilities Education Act (20 U.S.C. 1401 (16 and 17)).</p> | <p>Cell phone (Amigo or Jitterbug)</p> <p>Communication Devices</p> <p>Educational software (if related to employment)</p> <p>Equipment needed to adapt the individual/family's vehicle</p> <p>Lifeline</p> <p>Installation of voice or sound devices to turn on/off lights</p> <p>Installation of voice or sound devices to open/close blinds</p> <p>Prepaid Phone Card-maximum \$15 per month</p> |
| <p><b><u>Behavioral Supports</u></b> provides services to individual's who exhibit severe and debilitating emotional disturbance or maladaptive behavior. Behavioral Supports act as a preventive measure to keep individuals out of institutions.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <p>Behavioral Specialist</p>                                                                                                                                                                                                                                                                                                                                                                        |
| <p><b><u>Resource Coordinator/Targeted Case Manager</u></b> is responsible for development/revision of the individual's plan of care (thru a person-centered planning process); assisting the individual through planning in choosing goals and outcomes and the services needed to accomplish these goals and outcomes; assisting the individual in brokering services, in consultation with DDA, to obtain generic services, services funded by DDA and natural supports; advocating for the individual to assure that the individual's rights are protected and the individual's needs and preferences are considered; monitoring and acting as a third party advocate for the implementation of the IP; providing utilization review of services being provided to individuals, as requested by DDA.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p>Must be accessed through DDA contract</p>                                                                                                                                                                                                                                                                                                                                                        |
| <p><b><u>Community Access Transportation</u></b> is designed to enhance an individual's ability to access community activities in response to needs identified in the IP. This service is available to individual's living in their own home or family home.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <p>Metro Access</p> <p>Public Transportation (bus, subway, etc)</p> <p>Taxi Access</p> <p>Taxi (cab)</p> <p>Van-Go</p> <p>Mileage (rate paid per mile not to exceed current State Fiscal Year rate)</p>                                                                                                                                                                                             |

| Service Specification/Definition                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Services and Supports That May be Covered <u>if</u> Habilitative                                                                                                                                                     |
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| <p><b><u>Community Learning Services</u></b> provides an alternative to facility-based Traditional Day Habilitation services for individuals currently unable to work be it due to their disability, age, or circumstances. These services support individuals to be involved in activities in integrated community settings that improve their communication, social skills, health, and employability. Except in the case of self-advocacy groups, Community Learning Services must be provided in community settings with nondisabled individuals, and in groups of no more than 4 individuals with developmental disabilities all of whom have similar interests and goals.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <p>Personal care staff to accompany individual</p> <p>Peer Mentoring</p> <p>Private Tutors</p> <p>Personal care staff to attend self-advocacy training</p> <p>Personal care staff to attend volunteer activities</p> |
| <p><b><u>Community Supported Living Arrangement I (CSLA I)</u></b> offers personal assistance, supervision and training for individuals living in their own homes or in the family home. CSLA I offers a range of home and community-based services which may include assistance with: establishing relationships in the community; enhance skills related to expressing preferences and desires; assisting or providing training related to finances, including money management and banking; assistance with securing and maintaining government and community resources; assistance with securing and maintaining housing; supervision and training in housekeeping; menu planning, food shopping, meal preparation and eating; hygiene and grooming; any task to ensure health and safety, including nursing services and medication administration; maintaining and cleaning adaptive devices; providing 24-hour emergency assistance; and engaging in activities to improve social skills. In addition, CSLA I includes services necessary to link someone with their community, often referred to as “community integration.”</p>                                                                                                             | <p>Personal care staff</p> <p>Nursing services (for adults only) (this is nursing delegation – private duty nursing is not allowable)</p>                                                                            |
| <p><b><u>Community Supported Living Arrangement I-Retainer Fee</u></b> allows the direct care staff to be reimbursed to support the individual during a hospitalization..</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <p>Personal care staff</p> <p>May not exceed a total of 21 days per fiscal year (July 1 – June 30) per individual and must be approved by the <i>New Directions</i> Regional Coordinator</p>                         |
| <p><b><u>Community Supported Living Arrangement II</u></b> services offer assistance that enables the individual to accomplish tasks they are unable to perform independently due to a physical disability. CSLA II services are provided to individuals living in their own homes or in the family home. CSLA II services offer hands-on assistance specific to the functional needs of the individual with a physical disability and includes assistance with activities of daily living, such as: bathing and completing personal hygiene routines; toileting, including bladder and bowel requirements, bed pan routines, routines associated with the achievement or maintenance of continence, incontinence care, and movement to and from the bathroom; mobility, including transferring from a bed, chair, or other structure and moving about indoors or outdoors; moving; turning, and positioning the body while in bed or in a wheelchair; eating and preparing meals, and; dressing and changing clothes.</p> <p>CSLA II is provided to individuals requiring that another person physically perform the activity for the participant or physically helps the participant to perform the activity and includes nursing supervision.</p> | <p>Personal care staff</p> <p>Nursing services (for adults only) (this is nursing delegation – private duty nursing is not allowable)</p>                                                                            |

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| <p><b><u>Community Supported Living Arrangement II-Retainer Fee</u></b> allows the direct care staff to be reimbursed to support the individual during a hospitalization.</p>                                                                                                                                                                                            | <p>Personal care staff<br/>           May not exceed a total of 21 days per fiscal year (July 1 – June 30) per individual and must be approved by the <i>New Directions</i> Regional Coordinator.</p>                                                                              |
| <p><b><u>Day Habilitation</u></b> includes individuals participating in structured activities designed to increase or maintain motor skills, communication skills, personal hygiene skills, leisure skills and community integration.</p>                                                                                                                                |                                                                                                                                                                                                                                                                                    |
| <p><b><u>Employment Discovery and Customization</u></b> services are time-limited assessment, discovery, customization, and training activities to assist an individual in gaining competitive employment at an integrated job site where the individual is receiving comparable wages, and where most of the employees do not have disabilities.</p>                    | <p><u>Maximum of 3 months</u><br/>           Job Coach<br/>           Job Development<br/>           Job and Task Analysis<br/>           Job Training<br/>           Safety Skills (Basic)<br/>           Work Related Hygiene<br/>           Work Skill Training</p>             |
| <p><b><u>Environmental Modifications</u></b> includes physical adaptations to an individual's residence. Environmental Modifications are provided to individual's living in their own home or their family home. Environmental Modifications are limited to one-time only.</p>                                                                                           | <p>Construction of ramps/railings<br/>           Installation of:<br/>           - chair glides along stairways<br/>           - detectable warning on walking surfaces<br/>           - grab bars<br/>           Widening doorways/halls for accessibility for the individual</p> |
| <p><b><u>Family and Individual Support Services (FISS)</u></b> is provided in an individual's own home or family home. FISS are supports provided to the individual and/or family to enable community participation of the individual. Services are typically low-cost and provided more intermittently than Community Supported Living Arrangement (CSLA) services.</p> | <p>Personal care staff to assist with budgeting, counseling, accessing community activities</p>                                                                                                                                                                                    |

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| <p><b><u>Live-In Caregiver Rent</u></b> includes rent for an unrelated personal caregiver who is residing in the same household with an individual.</p> <p>A caregiver is defined as someone unrelated by blood or marriage who is providing Community Supported Living Arrangements I or II (CSLA I or II) services in the individual's home.</p> <p>Live-in Caregiver Rent for live-in caregivers is not available in situations in which the individual lives in their family's home, the caregiver's home or a residence owned or leased by a DDA-licensed provider.</p> <p>Live-in Caregiver Rent must be approved by the <i>New Directions</i> Regional Coordinator, before services start,</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <p>Prior authorization for this service is required before service initiation.</p> <p>Explicit agreements, including detailed service expectations, arrangement termination procedures, resource for unfulfilled obligations, and monetary considerations must be executed and signed by both the individual receiving services (or his/her legal representative) and the caregiver.</p> <p>DDA and the State Medicaid agency will pay for this service for only those months that the arrangement is successfully executed, and will hold no liability for unfulfilled rental obligations.</p> |
| <p><b><u>Respite Care</u></b> is a temporary relief for the primary caregiver. It is available only to individuals residing in their family home or their own home.</p> <p>Community respite care may be provided in the individual's home or in another non-institutional setting approved by DDA.</p> <p>Out-of-home, overnight respite care may not exceed 45 days within any 1 year period, and may not be provided for more than 28 consecutive days.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <p>Personal care staff</p> <p>Purchase of respite service from a provider agency (i.e. DDA licensed provider)</p> <p>Licensed Summer Youth camps</p>                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <p><b><u>Support Brokerage</u></b> is a service that assists families and individuals to make informed decisions about what will work best for them, are consistent with their needs and reflect their individual circumstances. Serving as the agent of the family or participant, the service is available to assist in identifying immediate and long-term needs, developing options to meet those needs and accessing identified supports and services.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <p>Individual Certified Support Broker</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <p><b><u>Supported Employment</u></b> services are predicated on the belief that all individuals with developmental disabilities can work and that individuals of working age should be provided the supports necessary not only to gain and maintain employment but to advance in their chosen fields and explore new employment options as their skills, interests, and needs change. Supported Employment services are provided in accordance with the individual's Individual Plan and Budget (plan of care) and developed through a detailed person-centered planning process, which includes annual assessment of the individual's employment goals. Supported Employment includes (a) individuals who are working in community businesses for pay or who have their own micro-enterprise or business; or (b) any integrated work program that includes supports necessary for the individual to achieve the desired outcomes outlined in the person centered plan and articulated in the plan of care. Supported Employment may include volunteer work which enables the individual to gain desired work experience, personal satisfaction, and to contribute to the community.</p> | <p>Job Coach to assist with: skills required to perform a job; supported micro-enterprise/business development; community mobility training; guidance in acceptable job behaviors; job seeking and interviewing skills; job support, development of natural job supports, and assistance to integrate into workforce.</p> <p>Supported Employment services may be purchased from a DDA licensed provider</p>                                                                                                                                                                                    |

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| <p><b><u>Transition Services – Start Up</u></b> also known as Household Start Up, this service is a residential set-up for individuals establishing their own homes. This service includes necessary furnishings, household items and services that an individual needs for successful transition to community living.</p> | <p>Total of all services/items may not exceed \$3,000.</p> <p>Items that can be included: bedroom, dining room and living room furniture; kitchen ware, telephone, moving expenses; set-up fees for non-refundable deposits for utility or service access; health and safety assurances (one-time cleaning prior to occupancy, allergen control, pest eradication).</p> |

**New Directions Individual Plans and Budgets (IP&B) must include how often the service is being provided, who is providing the service, the cost of the service, what is being provided, how often the service is being provided and for how long. This is known referred to as the frequency, duration and scope as required by the Centers for Medicare and Medicaid Services (CMS).**

**The IP&Bs may not be set-up using stipends or salaried positions for employees.**

## **Services and Supports not typically not ALLOWABLE under New Directions**

*Consideration will be given on an individual basis if the service/support is related to the disability and is habilitative in nature*

- Adaptive Equipment-maintenance on preexisting equipment (items purchased prior to waiver effective date).
- Admission Cost for the staff or individual to attend activities such as movies, theaters, concerts, fares, etc.
- Attorney Fees
- Cable TV
- Carpeting
- Car Insurance
- Car Maintenance or Repairs
- Cell phone service plan (Verizon, AT&T, etc.)
- Computer (desktop/laptop) or Webcam
- Craft Items
- Gaming Disks for entertainment system
- Gaming Systems (Wii, GameBoy, etc.)
- Gas/gas cards
- Day care (after school care)
- Digital Camera
- Dishwashers
- DVD Players/Disks
- Fax machines/supplies
- Food for individual/staff
- Furniture (unless the individual is moving into their own home from the 1<sup>st</sup> time)
- Gift cards
- Hotel expense
- Household items (kitchenware, curtains, bedding), unless individual is moving into their own home for the 1<sup>st</sup> time
- Household Repairs and Modifications (not related to Environmental Modifications)
- Housekeeping (maid service)
- Ink Cartridges (for printers/fax machines)
- Internet service
- Membership fees for individuals or staff to fitness centers
- Microphones for Computers (unless determined needed for individual's disability)
- Nutritionist
- Nursing Services for a minor (must be obtained through Medicaid EPSDT Program)
- Paper (for printers/fax machines)
- Passport (purchase of)
- Payment for class/workshop
- Personal Trainer
- Pet Food/Supplies/Training of Pet
- Plumbing-installation or maintenance
- Photography software
- Printers
- Repair of walls/flooring/etc.
- Rent Subsidies/Mortgage Payments
- Security Deposits
- Security Systems (with or without camera monitoring)
- Staff recruitment
- Telephone/telephone service (land-lines)
- Textbooks
- Tires or Vehicles
- Toys
- Training (CPR/First Aid, etc.)
- Tuition
- TV, Video Recorders/Tapes
- Vacation expenses (for family/individual or staff)
- Washing Machines or Dryers